

COPPICE FELL RACE 2010

(RACE 3 IN THE ACCRINGTON & DISTRICT RACE SERIES)

UNDER F.R.A. RULES

TUESDAY 25th MAY 2010

5 MILE / 600FT - 7-30PM

FROM PEEL PARK HOTEL, TURKEY STREET, ACCRINGTON, LANCASHIRE.

£3-00 on the day or £2-00 to organiser before 18th May 2010, cheques payable to

“RUNNINGSPEC LTD” Also junior race 2 Mile, 6-45pm, £1 on the day only, U16,U14,U12

Under 9,U8 Race (0.5 mile) 50p 6-45pm.

RECORDS: LEE PASSCO (BLACKBURN HARRIERS) 30:52 (2002)

VANESSA PEACOCK (CLAYTON HARRIERS) 35:47 (2001)

PRIZES: FIRST 5 MEN, FIRST 3 WOMEN, ALL VET CATEGORIES

FIRST MENS TEAM (3 TO COUNT), WOMEN TEAM (2 TO COUNT)

DETAILS: LEE PASSCO, 202 STANLEY STREET,ACCRINGTON,
LANCASHIRE,BB5 6QQ.

TELEPHONE: 01254 879839 MOBILE: 07746 523691

EMAIL: runningspec@btinternet.com

NAME.....

ADDRESS:.....

TELEPHONE:..... CLUB:.....

I understand that I will not hold the organiser responsible for any illness, injury, loss of property and that I am amateur and abide by the rules set out by the FRA

signed:..... date:.....