

BOFRA CHAMPIONSHIP RACE CALENDAR 2018

| DATE | RACE | TIME | LOCATION | AGE CATEGORIES |
|---------------|---------------------------------------|---------------|--|--|
| Sun 20 May | # Sedbergh 2.2 miles 1100ft | 12 Noon | The show field, Back Lane, Sedbergh, Cumbria. LA10 5AQ | U12, U14, U17, Seniors |
| Sun 3 June | # Coniston Gullies 1 mile 900ft | 12 noon | From Coniston, Cumbria. Registration at John Ruskin School, Lake Road, Coniston LA21 8EW | U9, U12, U14, U17, Seniors |
| Sat 9 June | # Lowgill Sports 2.2 miles 1000ft | 4.30 pm | Opposite Tatham Fells School, Lowgill LA2 8RA | U9, U12, U14, U17, Seniors |
| Sun 17 June | #R Kettlewell 1.4 miles 550ft | 12 noon | Blue Bell Inn, Kettlewell, Upper Wharfedale, on B6160. BD23 5QX | U9, U12, U14, U17, Seniors |
| Sun 24 June | #R Hawkswick Dash 1.4 miles 550ft | 12 noon | Outgang Lane, Hawkswick, Littondale. Off B6160 between Grassington and Arncliffe. BD23 5PX | U9, U12, U14, U17, Seniors |
| Sat 30 June | # Kirkby Gala 4.3 miles 1200ft | 2 pm | The Sports field, Beckside, Kirkby-in-Furness, Cumbria, LA17 7TG | U9, U12, U14, U17, Seniors |
| Sat 14 July | # Alva Games 1.6 miles 1200ft | From 12:30 pm | Cochrane Park, on the A91 at Alva, near Stirling, Scotland, FK12 5LJ. | U12, U14, U17, Seniors |
| Sun 22 July | #R Cracoe 2.6 miles 900ft | 12 noon | Park Next to Jackson's of Cracoe. On B6265 between Skipton and Grassington, BD23 6LB. | U9, U12, U14, U17, Seniors |
| Thurs 26 July | # Ambleside Sports 1.7 miles 800ft | 12:45 pm | Rydal Park Ambleside. On the A591, towards Keswick. LA22 9PL | U12, U14, U17, Seniors |
| Sun 5 Aug | #R Farleton Knott 4.5 miles 1200ft | 12 noon | On A6070, 1 mile from M6 Junction 36, near Kendal. LA6 1PB | U9, U12, U14, U17, Seniors |
| Sat 11 Aug | # Arncliffe Gala 1.6 miles 400ft | 2 pm | Arncliffe Village Green, North Yorkshire, BD23 5QD | U9, U12, U14, U17, Seniors |
| Mon 27 Aug | # Reeth Show 2 miles 700ft | 1 pm | Reeth, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6AR | U12, U14, U17, Seniors |
| Sun 2 Sept | #R Burnsall 1.5 miles 800ft | 12 noon | Wharfedale, on B6160, between Grassington and Addingham. BD23 6BP | U9, U12, U14, U17, Seniors |
| Wed 5 Sept | #S Muker Show 1.4 miles 550ft | 3 pm | Muker, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6QQ | U12, U14, U17, Seniors (Senior Champ. race only) |
| Sun 16 Sept | #R Embsay 2.75 miles 625ft | 12 noon | Main Street, Embsay. Off A65 2m East of Skipton. BD23 6RE | U9, U12, U14, U17, Seniors |
| Sat 13 Oct | # Wasdale Show 2.4 miles 2300ft | 1.30 pm | Wasdale Head, West Cumbria. CA10 1EX | U12, U14, U17, Seniors |

= Championship Race S = Senior Championship race only R = Raffle (Prizes appreciated)

BOFRA Presentation and Dinner Dance – Saturday 3 November 2018

For further information visit the website – www.bofra.org.uk

You do not need to be a member to compete in BOFRA races. Members also accumulate points which count towards the annual championships.

*Appropriate clothing and shoes must be worn in all races. Full body cover **may** be required depending upon weather conditions.*

All runners must run unaccompanied. Minimum age to compete is 6 years on the day.

OTHER FELL RACES AND SPORTS 2018

| DATE | RACE | TIME | LOCATION | AGE CATEGORIES |
|----------------|--|-------------------|---|--|
| Thurs 26 April | Dick Hudson's 6 miles 600ft | 7:00 pm | Millennium Gardens, Ilkley, LS29 9RF Contact Lynda Hargreaves – 07973 713258 | Senior Race (over 16) |
| Thurs 31 May | Killington Sports 1.5 miles 400ft | 6 pm | Off A683 Sedbergh to Kirkby Lonsdale road. Contact Richard Gorst – 01539 620939 | U12, U14, U17, Seniors |
| Sat 16 June | Buckden Pike 4 miles 1500ft | 2:30 pm | Buckden Village Green, N Yorks. Contact Graham Wadsworth – 07976 794749 | Senior Race (over 16) |
| Thurs 22 June | Beamsley Beacon 5.5 miles 900ft | 7:15 pm | Swan Inn, Addingham, Near Ilkley, LS29 0NS Contact Lynda Hargreaves – 07973 713258 | Senior Race (over 16) |
| Thurs 5 July | Murder Mile 1 mile 497ft | 7:15 pm | Golf Club, Brunthwaite Lane, Silsden, BD20 0QA. Contact Lynda Hargreaves – 07973 713258 | U9, U12, U14, U17, Seniors |
| Sun 8 July | Malham Charity Relays 1.5 miles 350ft per leg | 11:30 am | Listers Arms, Malham, BD23 4DB Contact Lynda Hargreaves -07973 713258 | Junior, Senior and Mixed Teams – Charity Event |
| Sat 14 July | Addingham Gala 5.8 miles 1000ft | 3 pm | Gala Field, Addingham, Ilkley. LS29 0QS Contact Jack Wood – 07973 986639 | Senior Race (over 16) |
| Sat 28 July | Cowling Gala 2.75 miles 475ft | 1:15 pm & 3:00 pm | On A6068 between Colne and Keighley. BD22 0AH Contact Keith Holder – 01535 630146 | U9, U12, U14, U17, Seniors |
| Sun 29 July | Cray 2.8 miles 1200ft | 12 noon | On B6160 between Kettlewell and Aysgarth. Contact Paul Crabtree – 01282 813211 | U9, U12, U14, U17, Seniors |
| Thurs 2 Aug | Eshton Moor 5 miles 550ft | 7:15 pm | Old Hall Farm Gargrave, North Yorkshire. BD23 3UT Contact John Thompson – 07850 318137 | U9, U12, U14, U17, Seniors |
| Sat 4 Aug | Hellfield Gala 3.5 miles 853' | 2:15 pm | Hellfield Recreational Field. BD23 4JE Contact Stephen Chew – 07971137931 | u10, u12, u14, u16 Seniors |
| Sat 25 Aug | Malham Show 2.5 miles 700ft | 3 pm | Malham, Airedale, off A65, 6 miles N of Gargrave. BD23 4DB. Contact Rob Hudson – 01756 790458 | U9, U12, U14, U17, Seniors |
| Sun 26 Aug | Halton Gill Sports 1.5 miles 750ft | 2 pm | Littondale, between Grassington and Kettlewell BD23 5QJ. Contact Annette Hirst – 01756 770245 | U9, U12, U14, U17, Seniors |
| Tues 28 Aug | Kilnsey Show 1 mile 350ft | 2 pm | On B6160 between Grassington and Kettlewell, BD23 5PS. Contact Ted Mason – 01756 720392 | U12, U14, U17, Seniors |
| Sat 8 Sept | Lothersdale YFC Show 1.5 mile 400ft | 3 pm | Lothersdale, Near Skipton, BD20 8EX Contact Chris Jones – 07753 799386 | Minimum age 8 years |
| Sun 9 Sept | Bradley 3.5 miles 900ft | 12:15 pm | The playing fields, Bradley, Near Skipton. BD20 9DF Contact Tim Done – 01535 634871 | U9, U12, U14, U17, Seniors |

For SHOES, CLOTHING and KIT for the fells, visit www.yorkshirerunner.com