

BOFRA CHAMPIONSHIP RACE CALENDAR 2019

DATE	RACE	TIME	LOCATION	AGE CATEGORIES
Sat 18 May	# Sedbergh 2.2 miles 1100ft	12 Noon	The Show Field, Back Lane, Sedbergh, Cumbria. LA10 5AQ	U9, U12, U14, U17, Seniors
Sun 2 June	# Coniston Gullies 1 mile 900ft	12 noon	From Coniston, Cumbria. Registration at John Ruskin School, Lake Road, Coniston LA21 8EW	U9, U12, U14, U17, Seniors
Sat 8 June	# Lowgill Sports 2.2 miles 1000ft	4.30 pm	Opposite Tatham Fells School, Lowgill LA2 8RA	U9, U12, U14, U17, Seniors
Sun 16 June	#R Kettlewell 1.4 miles 550ft	12 noon	The Cricket Field, Kettlewell, Upper Wharfedale, on B6160. BD23 5QA	U9, U12, U14, U17, Seniors
Sun 23 June	#R Hawswick Dash 1.4 miles 550ft	12 noon	Outgang Lane, Hawswick, Littondale. Off B6160 between Grassington and Arncliffe. BD23 5PX	U9, U12, U14, U17, Seniors
Sat 29 June	# Kirkby Gala 4.3 miles 1200ft	2 pm	The Sports Field, Beckside, Kirkby-in-Furness, Cumbria, LA17 7TG	U9, U12, U14, U17, Seniors
Sat 13 July	# Alva Games 1.6 miles 1200ft	From 12:30 pm	Cochrane Park, on the A91 at Alva, near Stirling, Scotland, FK12 5LJ.	U12, U14, U17, Seniors
Sun 21 July	#R Cracoe 2.6 miles 900ft	12 noon	Park Next to Jackson's of Cracoe. On B6265 between Skipton and Grassington, BD23 6LB.	U9, U12, U14, U17, Seniors
Thurs 25 July	# Ambleside Sports 1.7 miles 800ft	12:25 pm	Rydal Park Ambleside. On the A591, towards Keswick. LA22 9PL	U9, U12, U14, U17, Seniors
Sun 4 Aug	#R Farleton Knott 4.5 miles 1200ft	12 noon	On A6070, 1 mile from M6 Junction 36, near Kendal. LA6 1PB	U9, U12, U14, U17, Seniors
Sat 10 Aug	# Arncliffe Gala 1.6 miles 400ft	2 pm	Arncliffe Village Green, North Yorkshire, BD23 5QD	U9, U12, U14, U17, Seniors
Mon 26 Aug	# Reeth Show 2 miles 700ft	1 pm	Reeth, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6AR	U12, U14, U17, Seniors
Sun 1 Sept	#R Burnsall 1.5 miles 800ft	12 noon	Burnsall, on B6160, between Grassington and Addingham. BD23 6BS	U9, U12, U14, U17, Seniors
Wed 4 Sept	#S Muker Show 1.4 miles 550ft	3 pm	Muker, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6QQ	U12, U14, U17, Seniors (Senior Champ. race only)
Sun 15 Sept	#R Embsay 2.75 miles 625ft	12 noon	Main Street, Embsay. Off A65 2m East of Skipton. BD23 6RE	U9, U12, U14, U17, Seniors
Sat 12 Oct	# Wasdale Show 2.4 miles 2300ft	1.30 pm	Wasdale Head, West Cumbria. CA10 1EX	U12, U14, U17, Seniors

= Championship Race S = Senior Championship race only R = Raffle (Prizes appreciated)

BOFRA Presentation and Dinner Dance – Saturday 2 November 2018

For further information visit the website – www.bofra.org.uk

*You do not need to be a member to compete in BOFRA races. Members also accumulate points which count towards the annual championships. Appropriate clothing and shoes must be worn in all races. Full body cover **may** be required depending upon weather conditions. All runners must run unaccompanied. Minimum age to compete is 6 years on the day.*

OTHER FELL RACES AND SPORTS 2019

DATE	RACE	TIME	LOCATION	AGE CATEGORIES
Thurs 2 May	Dick Hudson's 6 miles 600ft	7:00 pm	Millennium Gardens, Ilkley, LS29 9RF Contact Lynda Hargreaves – 07973 713258	Senior Race (over 16)
Thurs 30 May	Killington Sports 1.5 miles 400ft	6 pm	Off A683 Sedbergh to Kirkby Lonsdale road. Contact Richard Gorst – 01539 620939	U12, U14, U17, Seniors
Sat 15 June	Buckden Pike 4 miles 1500ft	2:30 pm	Buckden Village Green, N Yorks. Contact Graham Wadsworth – 07976 794749	Senior Race (over 16)
Thurs 20 June	Beamsley Beacon 5.5 miles 900ft	7:15 pm	The Crown Inn, Addingham, Near Ilkley, LS29 ONS Contact Lynda Hargreaves – 07973 713258	Senior Race (over 16)
Thurs 4 July	Murder Mile 1 mile 497ft	7:15 pm	Golf Club, Brunthwaite Lane, Silsden, BD20 0QA. Contact Lynda Hargreaves – 07973 713258	U9, U12, U14, U17, Seniors
Sun 7 July TBC	Malham Charity Relays 1.5 miles 350ft per leg	11:30 am	Listers Arms, Malham, BD23 4DB Contact Lynda Hargreaves -07973 713258	Junior, Senior and Mixed Teams – Charity Event
Sat 13 July	Addingham Gala 5.8 miles 1000ft	3 pm	Gala Field, Addingham, Ilkley. LS29 0QS Contact Jack Wood – 07973 986639	Senior Race (over 16)
Sat 27 July	Cowling Gala 2.75 miles 475ft	1:15 pm & 3:00 pm	On A6068 between Colne and Keighley. BD22 0AH Contact Keith Holder – 01535 630146	U9, U12, U14, U17, Seniors
Thurs 1 Aug	Eshton Moor 5 miles 550ft	6:30 pm	Old Hall Farm Gargrave, North Yorkshire. BD23 3UT Contact John Thompson – 07850 318137	U9, U12, U14, U17, Seniors
Sat 3 Aug	Hellfield Gala 3.5 miles 853'	2:15 pm	Hellfield Recreational Field. BD23 4JE Contact Stephen Chew – 07971137931	u10, u12, u14, u16 Seniors
Thurs 8 Aug	Kings Challenge 6 miles 1175ft	7 pm	Kings Arms, Silsden, BD20 0JY Contact Lynda Hargreaves -07973 713258	Senior Race (over 16)
Sat 24 Aug	Malham Show 2.5 miles 700ft	3 pm	Malham, Airedale, off A65, 6 miles N of Gargrave. BD23 4DB. Contact Rob Hudson – 01756 790458	U9, U12, U14, U17, Seniors
Sun 25 Aug	Halton Gill Sports 1.5 miles 750ft	2 pm	Littondale, between Grassington and Kettlewell BD23 5QJ. Contact Annette Hirst – 01756 770245	U9, U12, U14, U17, Seniors
Tues 27 Aug	Kilnsey Show 1 mile 350ft	2 pm	On B6160 between Grassington and Kettlewell, BD23 5PS. Contact Ted Mason – 01756 720392	U12, U14, U17, Seniors
Sat 7 Sept	Lothersdale YFC Show 1.5 mile 400ft	3 pm	Lothersdale, Near Skipton, BD20 8EX Contact Chris Jones – 07753 799386	Minimum age 8 years
Sun 8 Sept	Bradley 3.5 miles 900ft	12:15 pm	The playing fields, Bradley, Near Skipton. BD20 9DF Contact Tim Done – 01535 634871	U9, U12, U14, U17, Seniors

For SHOES, CLOTHING and KIT for the fells, visit www.yorkshirerunner.com

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